DOCUMENT RESUME

ED 455 481 CG 031 081

AUTHOR Empfield, Maureen; Bakalar, Nicholas
TITLE Understanding Teenage Depression: A Guide to Diagnosis, Treatment, and Management.
ISBN ISBN-0-8050-6761-2
PUB DATE 2001-00-00
NOTE 251p.
AVAILABLE FROM Henry Holt and Co., LLC, 115 West 18th St., New York, NY 10011 ($15). Web site: http://www.henryholt.com.
PUB TYPE Books (010) -- Guides - Non-Classroom (055)
EDRS PRICE Document Not Available from EDRS.
DESCRIPTORS Adolescent Development; *Adolescents; At Risk Persons; Clinical Diagnosis; Counseling; *Depression (Psychology); Emotional Problems; Intervention; Medical Services; Mental Health Workers; Outcomes of Treatment; Pharmacology; Suicide; *Youth Problems
IDENTIFIERS Adolescent Suicide

ABSTRACT

The incidence of teenage depression has increased all over the world. In some populations it is has been accompanied by suicide, but suicide remains rare. Clinical depression, which entails many debilitating physical and psychological symptoms, is a serious disease that can do terrible and even permanent damage to a teenager's developmental progress. Good adolescent health care demands that professionals look for depression in young people, diagnosis it correctly, and treat it aggressively. Chapter 1 presents an explanation of the prevalence of depression in the teenage population. Chapter 2 discusses how to diagnosis depression. Chapter 3 describes youth who are most at risk. Chapter 4 provides information about suicide. Chapter 5 looks at depression in relation to other teenage problems. Chapter 6 presents the psychological treatment of depression. Chapter 7 describes the health professionals who treat depression and where they can be found. Chapter 8 explains pharmacological treatments of depression. Chapter 9 details when psychiatric hospitals are appropriate and what goes on inside them. Chapter 10 reviews legal and ethical concerns. Personal accounts of teenagers' experiences with depression are interspersed throughout the book. Suggestions are included on further readings and resources. (JDM)